



## Personal Development Curriculum, Hyde High School, 2021-2022

Year	Autumn	Spring	Summer
7	E-safety and staying safe SMART rules The role of CEOP	RSHE workshops Respectful and positive relationships Family and relationships Changing adolescent bodies	Internal assessment
8	E-safety and PREVENT Rights and responsibilities On-line behaviour and risks The impact of harmful viewing Censorship of inappropriate content Stereotyping Propaganda and extremism	RSHE workshops Healthy eating Coercive relationships and consent On-line media and staying safe	Internal assessment
9	E-safety and digital education How data is generated and shared (digital footprint) How to protect data and personal information	RSHE workshops Intimate and sexual relationships Mental wellbeing Healthy lifestyles (physical)	Health Education Drugs, tobacco and alcohol education The importance of sleep Dental hygiene
10	Careers The careers framework Writing a C.V. Post 16 qualifications Action planning Xello record of achievement College and apprenticeship application.	RSHE taught curriculum Positive and respectful relationships and conflict Characteristics of healthy and unhealthy relationships Healthy intimate and sexual relationships Sexual health	RSHE taught curriculum Fertility Issues surrounding pregnancy including abortion Being safe and the laws surrounding various issues The issues surrounding pornography Mental wellbeing On-line risks including gambling
11	British values/citizenship The origins of democracy Voting and elections The rule of law How laws are made	British values/citizenship Individual liberty Mutual respect and tolerance Extremism and radicalisation	First aid workshop Formal examination of BV (Gateway level 1)